

# Provvedimenti per il sole e il calore

Sorveglianza

Protezione solare

Bevande

Alimentazione

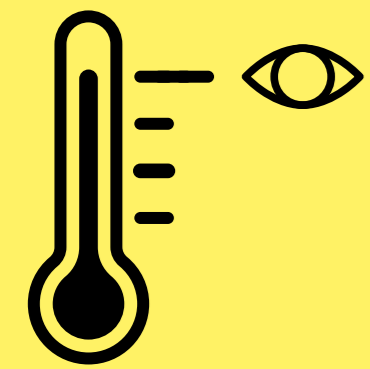
Pause

Orari di lavoro

Ritmo di lavoro

Carico fisico

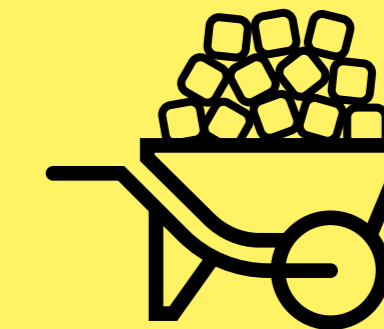
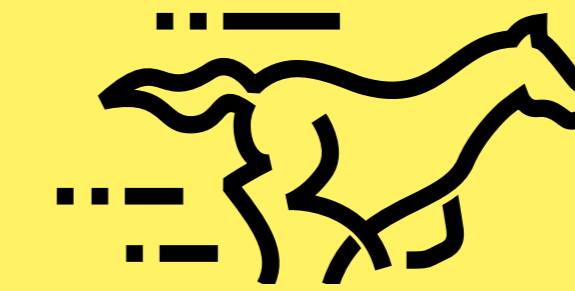
Locali interni



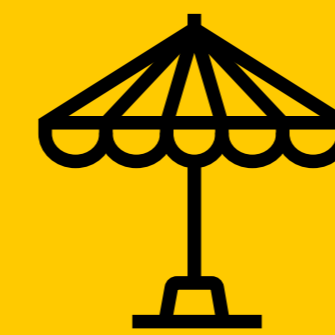
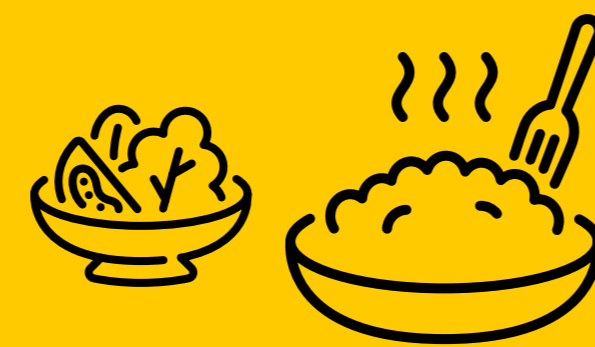
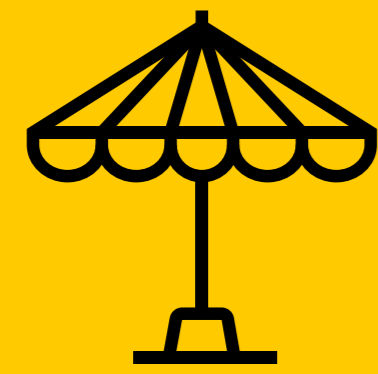
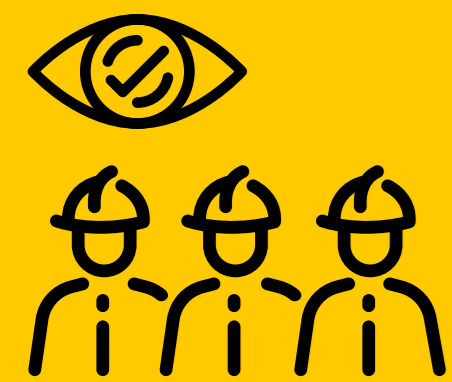
-

-

-



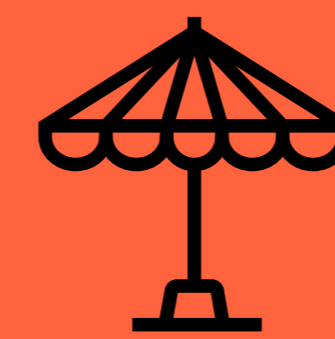
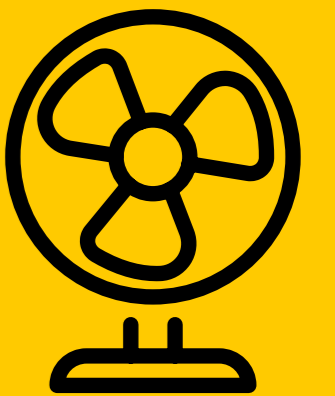
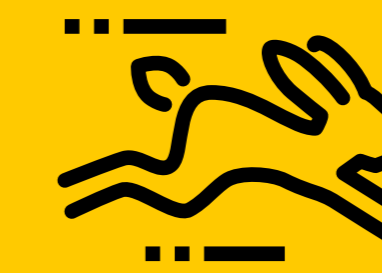
-



Pause all'ombra fresca



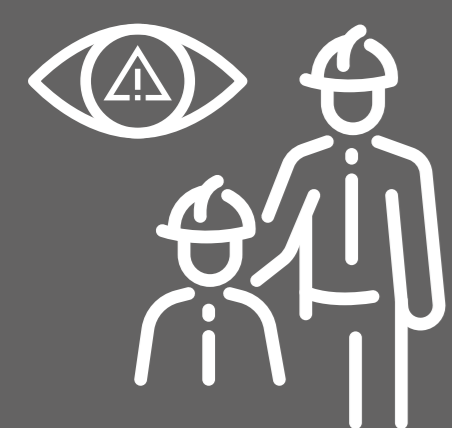
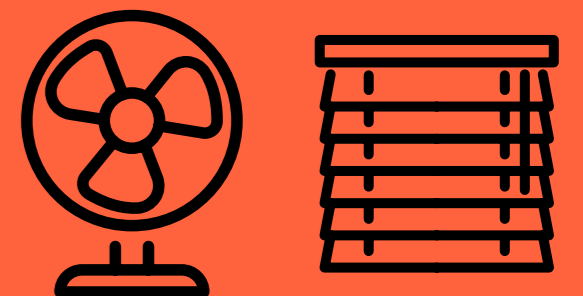
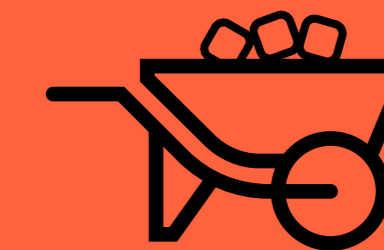
Sfruttate al massimo le ore del mattino e evitare il caldo



min. 10' / ora



Tempo di lavoro Regolazione



+ Pause aggiuntive ad es. 15' / 1-2 ore



24-06

giallo

Carico termico di lieve entità

Livello 1: provvedimenti base

arancione

Carico termico di media entità

Livello 2: integrazione dei provvedimenti previsti dal livello 1

rosso

Carico termico elevato

Livello 3: integrazione dei provvedimenti previsti dai livelli 1 e 2

grigio

Carico termico molto elevato

Livello 4: integrazione dei provvedimenti previsti dai livelli 1, 2 e 3