

# Mesures en cas de soleil et de chaleur

Surveillance

Protection solaire

Boissons

Nourriture

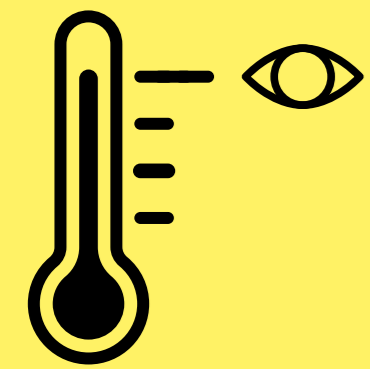
Pauses

Horaires de travail

Rythme de travail

Charge physique

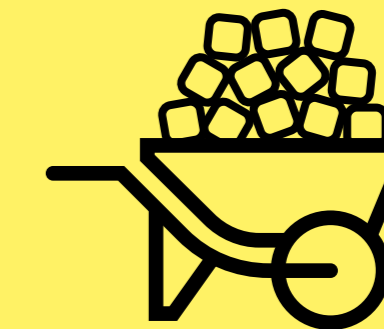
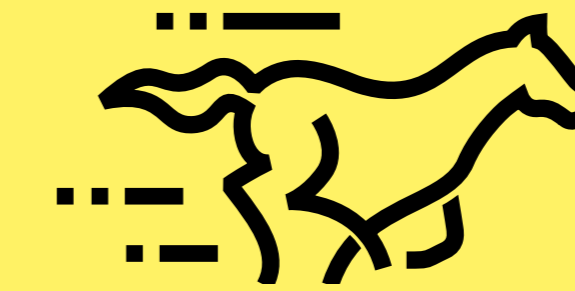
Espaces intérieurs



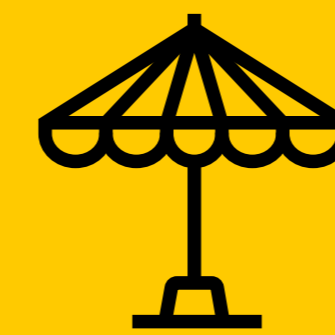
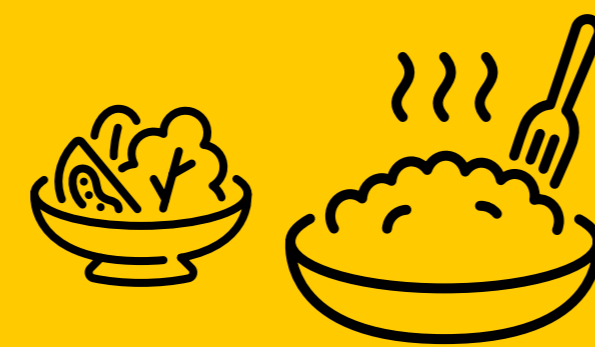
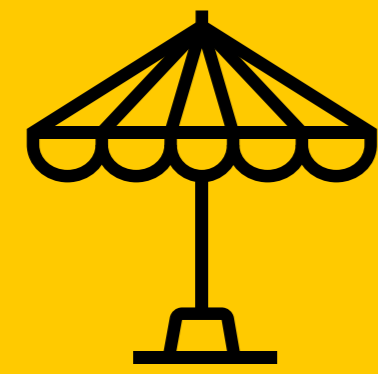
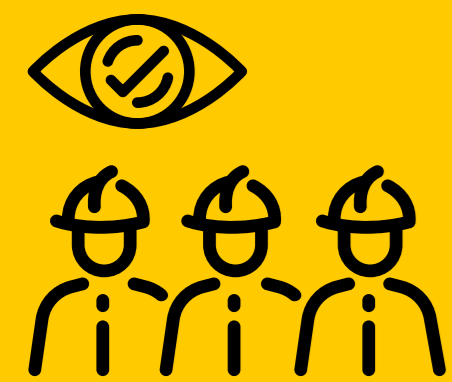
-

-

-



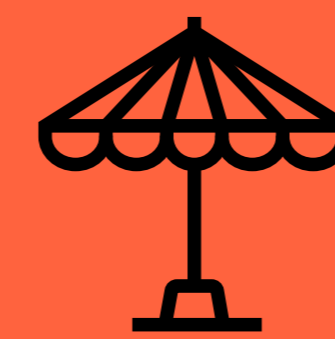
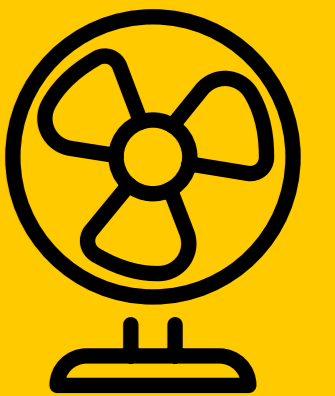
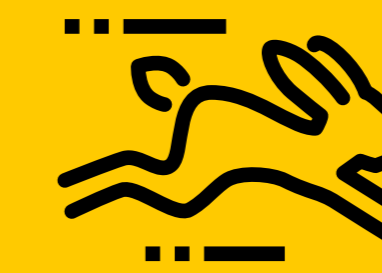
-



Pauses à l'ombre fraîche



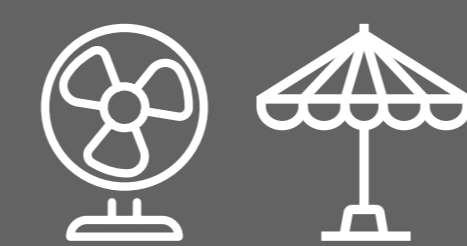
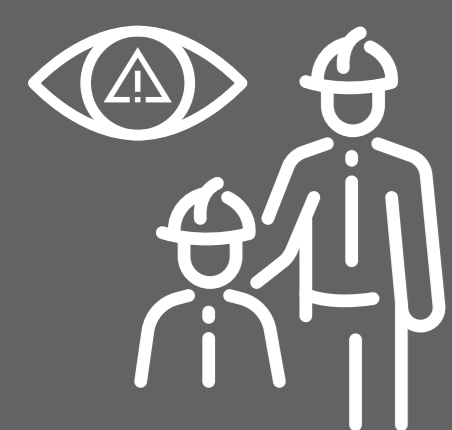
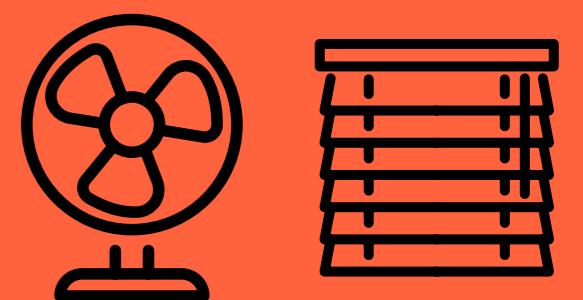
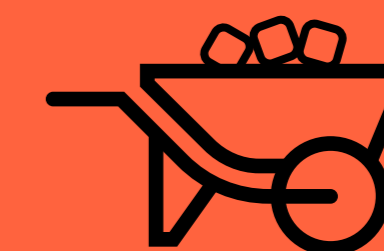
Profiter des heures matinales et éviter la chaleur de midi



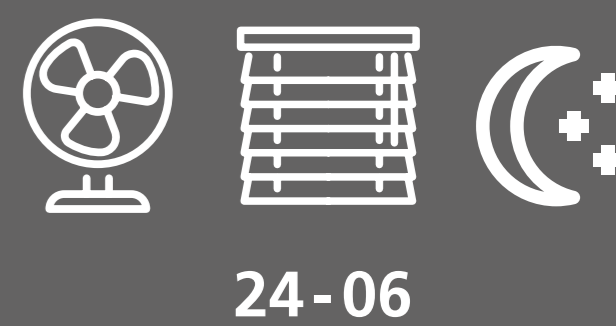
min. 10' / heure



Ajuster le temps de travail



+ Pauses suppl. par ex. 15' / 1-2 heures



24-06

jaune

faible exposition à la chaleur

niveau 1 : mesures de base

orange

exposition moyenne à la chaleur

niveau 2 : en plus des mesures du niveau 1

rouge

forte exposition à la chaleur

niveau 3 : en plus des mesures des niveaux 1 et 2

gris

très forte exposition à la chaleur

niveau 4 : en plus des mesures des niveaux 1, 2 et 3